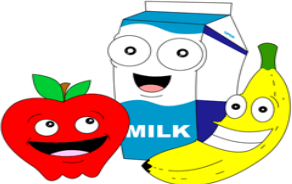


Poynette School District Gr 1-12 Breakfast Menu

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
				1 WG MUFFINS JUICE CUP FRUIT CUP MILK
4 NO SCHOOL	5 WG CEREAL BOWL YOGURT JUICE CUP FRUIT CUP MILK	6 WG MINI FRENCH TOAST JUICE CUP APPLESAUCE CUP MILK	7 WG CRUNCH BAR JUICE CUP FRUIT CUP MILK GR 9-12 - WG BREAKFAST PIZZA	8 WG FRUIT STRUDEL JUICE CUP FRUIT CUP MILK
11 WG MINI WAFFLES JUICE CUP CRAISINS MILK	12 WG MUFFIN LOAF JUICE CUP FRUIT CUP MILK	13 WG MINI BAGELS JUICE CUP RAISELS MILK	14 WG PB&J JUICE CUP FRUIT CUP MILK GR 9-12 - WG PIZZA BAGELS	15 WG Z BREAD JUICE CUP FRUIT CUP MILK
18 WG PASTRY JUICE CUP CRAISINS MILK	19 WG MINI FRENCH TOAST JUICE CUP FRUIT CUP MILK	20 WG GRANOLA BAR w/ CHEESE STICK JUICE CUP APPLESAUCE CUP MILK GR 9-12 - WG BREAKFAST PIZZA	21 WG MINI PANCAKES JUICE CUP FRUIT CUP MILK	22 WG CEREAL BOWL YOGURT JUICE CUP FRUIT CUP MILK
25 WG MINI WAFFLES JUICE CUP CRAISINS MILK	26 WG CINNAMON CRISPS w/ CHEESE STICK JUICE CUP FRUIT CUP MILK GR 9-12 - WG PANCAKE SAUSAGE WRAPS	27 WG BREAKFAST ROUND JUICE CUP RAISELS MILK	28 WG APPLE OATMEAL BAR JUICE CUP FRUIT CUP MILK	29 WG MUFFINS JUICE CUP FRUIT CUP MILK

Student Breakfast Price: Gr 1-12 = \$1.65 & Reduced = \$.30 Adult Breakfast: \$2.50

Fruit Rule: You MUST select at least ONE fruit or Juice cup with your meal.

Students may purchase the full breakfast meal or only a juice or milk. All the entree breakfast items contain at least 51% whole grains and are low in fat, sodium and added sugars. ALL students participating in the free/reduced meal program may select the FULL breakfast meal at the free/reduced price. USDA is an equal opportunity provider and employer.