

OCTOBER 2017

Poynette 6-12 Lunch Menu

Monday

WG CHEESE DIPPERS **2**
GRILLED CHICKEN PATTY
 *Confetti Fries
 Peas & Carrots
 Pears
 ----HS Meal Deals ----
WG PIZZA
ALFREDO w/Bread Stick

WG CHICKEN PATTY **9**
POPCORN CHICKEN BOWL
 w/ WG Roll
 Mashed Potatoes
 Golden Corn
 Pineapple Tidbits
 ----HS Meal Deals ----
WG DIPPERS
ALFREDO w/Bread Stick

STIR FRY w/ Rice **16**
PHILLY STEAK ON WG BUN
 Italian Blend Veggies
 Pears
 Ice Cream Cup
 ----HS Meal Deals ----
WG PIZZA
ALFREDO w/Bread Stick

MACARONI & CHEESE **23**
 w/ WG Bread
WG CHICKEN WRAP
 Baked Beans
 Peaches
 Warm Cinnamon Apples
 ----HS Meal Deals ----
WG DIPPERS
ALFREDO w/Bread Stick

CHICKEN DRUMSTICK **30**
 w/ WG Biscuit
ORANGE CHICKEN w/Rice
 Green Beans
 *Apple Smiles
 ----HS Meal Deals ----
WG PIZZA
ALFREDO w/Bread Stick

Tuesday

WG CHICKEN NUGGETS **3**
 w/ WG Bread
WG PIZZA BAGELS
 California Blend Veggies
 Fruit Cocktail
 ----HS Meal Deals ----
WG FRENCH BREAD

WG MINI CORN DOGS **10**
WG MEATBALL SUB
 *Potato Smiles
 Steamed Broccoli
 *Apple Smiles
 ----HS Meal Deals ----
WG FRENCH BREAD

BBQ PORK ON WG ROLL **17**
WG CHICKEN WEDGE CUP
 w/WG Roll
 Potato Wedges
 Baked Beans
 Orange Wedges
 ----HS Meal Deals ----
WG FRENCH BREAD

WG POPCORN CHICKEN **24**
 w/ Steamed Rice
TERIYAKI MEATBALLS
 w/ WG Rice
 Steamed Broccoli
 Mandarin Oranges
 ----HS Meal Deals ----
WG FRENCH BREAD

WG CHICKEN STRIPS **31**
WG EGG ROLLS
 Oriental Veggies
 Fruit Cocktail
WG Pumpkin Cookie
 ----HS Meal Deals ----
WG FRENCH BREAD

Wednesday

***WG TACO or FAJITA** **4**
 w/ Fiesta Rice
MINI BURGERS
 Refried Beans
 *Baby Carrots w/ Dip
 Peaches
 ----HS Meal Deals ----
MOZZ STIXS
MAC & CHEEZ w/Bread Stick

WG MOZZ STIXS **11**
***TACO SALAD**
 Refried Beans
 Carrot Coins
 Pears
 ----HS Meal Deals ----
MAX BITES or
MAC & CHEEZ w/Bread Stick

HARVEST SOUP w/ **18**
WG Grilled Cheese
WG MINI PANCAKE WRAPS
 California Blend Veggies
 Fruit Cocktail
 ----HS Meal Deals ----
MOZZ STIXS
MAC & CHEEZ w/Bread Stick

BUILD A SUB or BURGER **25**
 Seasoned Waffle Fries
 *Salad Bar
 *Fresh Veggies w/ Dip
 Pineapple Tidbits
 ----HS Meal Deals ----
MAX BITES or
MAC & CHEEZ w/Bread Stick

Thursday

HOT DOG ON A WG BUN **5**
CHILI CHEESE FRIES
 w/ WG Breadstick
 *F2S Mixed Veggie Blend
 Grapes
 Fruit Salad
 ----HS Meal Deals ----
WG BOSCO STIX

WG LASAGNA ROLLUP **12**
 w/ WG Breadstick
RIB PATTY ON A WG BUN
 Steamed Peas
 Banana
 ----HS Meal Deals ----
WG BOSCO STIX

WG PIZZA BAGELS **19**
BRAT ON A WG BUN
 Sweet Potato Bites
 *Fresh Cucumbers &
 Green Beans w/Dip
 Applesauce
 ----HS Meal Deals ----
WG BOSCO STIX

***WALKING TACO** **26**
WG MAX WRAP
 Refried Beans
 Golden Corn
 Grapes
 ----HS Meal Deals ----
WG BOSCO STIX

Friday

WG PIZZA SLICE **6**
WG NACHO BITES
 w/ Salsa
 Green Beans
 Applesauce Cup
 Strawberries
 ----HS Meal Deals ----
CALZONE
RAVIOLI w/Bread Stick

WG CHEESE QUESADILLA **13**
BBQ PORK ON WG ROLL
 *Potato Fusion
 Steamed Cauliflower
 Peaches
 ----HS Meal Deals ----
BUFFALO WRAPS or
TACO MAC w/Bread Stick

NO SCHOOL **20**
CELEBRATE NATIONAL
SCHOOL LUNCH WEEK
 Oct. 9-13 by enjoying a Healthy
 School Meal!

WG HAM & CHEESE BITES **27**
WG MOZZ STIXS
 Peas & Carrots
 Pears
 ----HS Meal Deals ----
BUFFALO WRAPS or
TACO MAC w/Bread Stick

Student Lunch Price: Gr K-5 = \$2.80, Gr 6-12 = \$2.90, Gr K-12 Reduced = \$.40 Adult Lunch: \$4.00

The meal price includes: Entree Choice (listed in BOLD), Fruit, Vegetable, Side Items and Milk.

Gr 9-12 students may make any ala carte Entree a MEAL DEAL by selecting up to 2 Fruits & Veggies & Milk.

Fruit/Veggie Rule: You must select at least ONE fruit or veggie per meal

A CHEF SALAD, WG DELI WRAP or WG PB&J and build a salad option is available daily. All meals include a fat free chocolate or white 1% / skim milk, an extra milk is \$.40. Visit the district website for menu updates and the IC link to view account details and make online deposits at www.poynette.k12.wi.us. Menu is subject to change. USDA is an equal opportunity provider and employer. ALL students participating in the free/reduced meal program may select any of the Entrees (listed in BOLD) or Gr 9-12 meal deals at the free/reduced meal price.*Farm 2 School (F2S) indicates seasonal fresh and/or IQF items from FarmLogix, McCain potatoes from Plover WI and other locally sourced veggies and fruits.