

OCTOBER 2017

Poynette K-5 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG CHEESE DIPPERS *Confetti Fries Peas & Carrots Pears	3 WG CHICKEN NUGGETS w/ WG Bread California Blend Veggies Fruit Cocktail	4 TACO w/ Fiesta Rice Refried Beans *Baby Carrots w/ Dip Peaches	5 HOT DOG ON A WG BUN *F2S Mixed Veggie Blend Grapes Fruit Salad	6 WG PIZZA SLICE *Tossed Salad Applesauce Cup Strawberries
9 WG CHICKEN PATTY Mashed Potatoes Golden Corn Pineapple Tidbits	10 WG MINI CORN DOGS *Potato Smiles Steamed Broccoli *Apple Smiles	11 WG MOZZ STIXS *Tater Tots Baked Beans Pears	12 WG CHEESE RAVIOLI or WG PB&J Steamed Peas Banana WG Breadstick	13 WG CHEESE QUESADILLA or **CHEF SALAD w/WG Bread *Salad Bar Steamed Cauliflower Peaches
16 CHICKEN DRUMSTICK or WG PB&J Italian Blend Veggies Pears WG Bread	17 BBQ PORK ON WG ROLL or **CHEF SALAD w/WG Roll *Salad Bar Baked Beans Orange Wedges	18 HARVEST SOUP Grilled Cheese California Blend Veggies Fruit Cocktail	19 WG PIZZA BAGELS Sweet Potato Bites *Fresh Cucumbers & Green Beans w/Dip Applesauce	20 NO SCHOOL CELEBRATE NATIONAL SCHOOL LUNCH WEEK Oct 9 – 13 By enjoying a Healthy School Meal!
23 MACARONI & CHEESE or WG PB&J Baked Beans Peaches Warm Cinnamon Apples	24 WG POPCORN CHICKEN w/ Steamed Rice Steamed Broccoli Mandarin Oranges	25 HAMBURGER or WG DELI SANDWICH Sweet Potato Fries *Fresh Veggies w/Dip Pineapple Tidbits	26 WALKING TACO Refried Beans Golden Corn Grapes	27 WG HAM & CHEESE BITES or **CHEF SALAD *Salad Bar Pears WG Dinner Roll
30 ORANGE CHICKEN w/Rice or WG PB&J Green Beans *Apple Smiles Ice Cream Cup	31 WG CHICKEN STRIPS w/ WG Roll Peas & Carrots Fruit Cocktail WG Pumpkin Cookie	<p>Student Lunch Price: Gr K-5 = \$2.80, Gr 6-12 = \$2.90 & Gr K-12 Reduced = \$.40 Adult Lunch: \$4.00</p> <p>Fruit/veggie Rule: You MUST select at least ONE fruit or veggie with your meal.</p>		

The meal price includes a choice of the entree (listed in BOLD). All meals include a fat free chocolate or white 1% / skim milk, an extra milk is \$.40. Visit the district web site for menu updates and the IC link to view account details and make online deposits at www.poynette.k12.wi.us. Menu is subject to change. USDA is an equal opportunity provider and employer. ALL students participating in the free/reduced meal program may select any of the Entrees (listed in BOLD) or HS meal deals at the free/reduced meal price *Farm 2 School (F2S) indicates seasonal fresh and/or IQF items from FarmLogix, McCain potatoes from Plover WI and other locally sourced veggies and fruits.