

### **Fall 2008 Ala Carte Item Description List**

The following list describes the abbreviations for the purchasable items on the ala carte menu at Poynette High School.

1. **Nat.cry s:** Nature's Crystal Small Bottled Water
2. **Nat.cry:** Nature's Crystal Water with Sport Top
3. **Propel:** Propel Enhanced Drinking Water
4. **Klar:** Klarbrunn Water with Sport Top
5. **Life:** Sobe Life Water
6. **Splash:** Aquafina Splash Flavored Water
7. **Plus:** 10oz. Dole Juice Plus Calcium
8. **Lrg. Milk:** Grip-It Bottle of Flavored Milk
9. **Gator/g2:** Regular or Lite Version of Gatorade
10. **Tea:** Diet White or Green Teas
11. **Juice:** 100% Dole Juice: apple, grape, OJ, etc.
12. **kcup:** Kashi Cup of Granola
13. **k.bar:** Kashi Granola Bar
14. **nutri-g:** Nutrigrain Bar
15. **trail bar:** Nature Valley Fruit & Nut Bars
16. **cer.bar:** Cinnamon Toast Crunch Cereal Bar
17. **sm.gran:** Quaker Small Chocolate Chip Granola Bar
18. **lrg.krisp:** Large Rice Krispie Treat
19. **sm.krisp:** Small Rice Krispie Treat
20. **n.valgr:** Nature Valley Granola Bars
21. **fiber1:** Fiber One Granola Bars
22. **pepita:** Pumpkin Seeds
23. **seeds:** Sunflower Seeds or Cocktail Peanuts
24. **qsnk:** Quaker Baked Snack Mix
25. **.65ccs:** 65cent Big Grab Bag of Chips Or Combos or Salsa Cup
26. **cheezit:** Small Pack of Crackers
27. **w.thins:** Wheat Thins Crackers
28. **keeb.crk:** Crackers w/ Cheese Or Crackers w/Peanut Butter
29. **muffin:** Otis Spunkmeyer Muffins

30. **cookie:** Oreos or Nutter Butters or Snackwell Vanilla Cremes Cookies
31. **prem.cookie:** Best Maide Premium Cookie
32. **poptart:** Whole Grain Pop Tart
33. **lg.frt.snack:** Large Bag of Fruit Snacks
34. **gush/foot:** Gusher Fruit Snacks or Fruit Roll Up by the Foot
35. **frt roll up:** Small Fruit Roll Up
36. **fruit:** fresh orange, banana or apple
37. **yogurt:** 8oz. cup of low fat yogurt
38. **frusion:** Frusion Yogurt/Juice Drink
39. **cheese:** String Cheese Sticks
40. **beef stk:** Jack Link Sirloin Beef Steak Strip
41. **pudding:** Snack Pak Pudding
42. **candy:** any type of candy (i.e. Snickers, Peanut Butter Cups, etc.)